

CONSTITUTION OF Carleton Runners' Club

Article I

Name of the Organization

The Organization shall be known as “Carleton University Run Club”, and herein be referred to as “CU Run Club.” No other name shall be used in the advertisement or representation of the club.

Article II

Purpose of the Organization

The organization shall work towards:

1. List your club's missions.

- a. Host weekly runs that are open to runners of all speeds, ensuring everyone feels welcome and valued.
- b. Offer a fun and engaging way for students to exercise, promoting overall well-being and fitness.
- c. Create opportunities for students to connect and meet friends through their shared interest in running.
- d. Operate messaging groups to help runners find run-buddies and set up their own group runs.

2. List your club's vision.

Our vision is to create a vibrant and inclusive running community at Carleton that is suitable for runners of all skill levels, from beginners to experienced athletes. We want to foster an environment where students not only improve their physical fitness but also develop meaningful relationships and a sense of belonging through shared experiences. Finally, we hope to inspire a long-term commitment to health and well-being by cultivating a supportive space for personal growth and achievement in running.

3. List your club's objectives and goals.

- a. Encourage members to meet new students / friends who are into running.
- b. Host weekly outdoor runs.
- c. Allow students to discover the areas surrounding Carleton campus, such as the arboretum.
- d. Partner with likeminded clubs to run joint events that promote a healthy lifestyle.

Article III

Structure

4. The General Membership shall be the legislative body of the organization and shall be composed of all members.

5. The Executive shall be the administrative body of the organization and shall be composed of members elected by the General Membership.

Article IV

Membership

6. The Organization's General Membership shall be open to all undergraduate students at Carleton University. The club's membership cannot be exclusive towards any group of students at Carleton University.
7. The Organization may grant graduate students at Carleton University and others in the community membership in the Organization, however they must not have voting rights in elections and must have a membership classification in Article III - Structure.
8. Membership in the organization shall be valid from May to April each academic year.
9. Only undergraduate students enrolled at Carleton University may serve on the Executive. Graduate students may only serve a non-voting, advisory capacity.

Article V

Executive

10. The President shall:
 - a. Oversee the other executives in the performance of their duties.
 - b. Provide updates to executive members and general members about the state of the club and recommend to their consideration such measures they shall judge necessary and expedient.
 - c. Represent the Organization in dealings with other organizations, including, but not limited to, other clubs, Carleton University, and the Carleton University Students' Association.
11. The Vice-President Finance/Treasurer shall:
 - d. Manage the finances and assets of the club.
 - e. Prepare a budget for the Organization each year, or more frequently as events require, and keep records of the financial transactions of the Organization.
 - f. Arrange the funding of social events of the Organization.
 - g. Have signing authority for the Organization.
12. Social Media Manager
 - a. Create and manage a social media presence for the club to promote the weekly runs and the club as a whole.
 - b. Post recaps and pictures from club events/runs
 - c. Answer questions from students who reach out through social media

Article VI

Meetings

Meetings of the General Membership

13. Meetings of the General Membership can be called:
 - h. At the request of the President, for a meeting to be held not less than one week from the date of publication of the notice;
 - i. At the request of the Executive, for a meeting to be held not less than one week from the date of publication of the notice; or
 - j. At the request of any five members of the Organization.
14. A minimum of one meeting of the General Membership must occur per year in the spring for the purpose of elections.
15. Quorum of the General Membership
 - The presence of at least five members or the majority of members, whichever is less, shall be necessary to constitute a meeting of General Membership for the exercise of its powers

Meetings of the Executive Committee

16. Meetings of the Executive Committee shall
 - k. Be held at regular intervals and are for the purpose of running the club.
 - l. Votes by the Executive Committee on club business shall be declared by a simple majority.

Article VII

Leadership Succession

17. The Organization has chosen to run a consensus board for its Leadership Succession. The following are the steps necessary to carry out the process.
 - m. All club members will be informed more than a week in advance of a meeting to attempt to decide the future leadership of the club in a consensus fashion and of a meeting location, with virtual options available for those unable to attend in person.
 - n. The club will elect or appoint an individual to keep track of meeting minutes and to compile a report of this process.
 - o. The club membership will work towards consensus across multiple meetings.
 - p. If successful, the members shall designate a member to inform and email the Student Groups Administrator with the report and meeting minutes.

- q. If unsuccessful, the outgoing club president shall inform the Student Groups administrator that the group will either pursue an election or ask for permission to have an application and interview process.

Article VIII

Impeachment

Impeachment

18. To remove a member, our Club will first consult the CUSA Clubs Membership Removal Committee (MRC)
19. The CUSA Clubs Membership Removal Committee (MRC) will advise on the next steps for the club
20. Should the CUSA Clubs Membership Removal Committee (MRC) advises that the club proceed with membership removal, the following steps will take place:
21. Impeachment for Removing an Executive Role:
 - r. Grounds for impeachment of a club member include any violation of the constitution, the governing documents of CUSA, committing an act (or acts) which negatively affects and/or harms the interests of the clubs and its members, and/or failure to fulfill executive duties.
 - s. Any member can bring forward a request for impeachment to any executive. Within 10 days of receiving this request, the executive will host a meeting with the general membership. At this meeting, the complaint will be reviewed. The member bringing forward the complaint and the accused executive shall be given time to speak.
 - t. A vote for impeachment with the general membership will be conducted. The accused executive shall not be permitted to vote. A simple majority will be needed to impeach the executive. Impeachment of an executive results in their removal from office and as a member of the club.
22. Membership Impeachment:
 - u. Grounds for impeachment of a club member include any violation of the constitution, the governing documents of CUSA, and committing an act (or acts) which negatively affects and/or harms the interests of the clubs and its members.
 - v. Any member can bring forward a request for impeachment to any executive. Within 10 days of receiving this request, the executive will host a meeting. At this meeting, the complaint will be reviewed. The individual bringing forward the complaint and the person accused shall be given time to speak.
 - w. A vote for impeachment within the executive will be conducted. A simple majority of executives will be needed to impeach the member. Impeachment of a member results in their removal as a member of the club.

Article IX
Amendments

23. Any member can propose an amendment to the constitution. This amendment will be presented at the annual general meeting and a vote will take place with the general membership to adopt the new amendment.
24. A simple majority will be required to adopt the new amendment.

Article X
Dissolution

Upon dissolution of the Organization, all assets gained through CUSA shall be returned to CUSA and all other assets shall be given to the Ottawa Food Bank.